UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Form 6-K

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of November, 2026

Commission file number 001-41800

Arm Holdings plc

110 Fulbourn Road
Cambridge CB1 9NJ
United Kingdom
(Address of principal executive office)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F ☒ Form 40-F ☐

On November 23, 2026, Arm Holdings plc (the "Company") issued a press release announcing that Rene Haas affirmed his long-term commitment to leading the Company through its next phase of growth. A copy of the press release is furnished as Exhibit 99.1 to this report on Form 6-K.

Elements of the retention arrangement will be put to the Company's shareholders for approval at a general meeting. The Company expects to distribute a notice of the general meeting in due course.

The information contained in this report on Form 6-K, including Exhibit 99.1, is intended to be furnished and shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, unless expressly set forth by specific reference in such a filing.

EXHIBIT INDEX

Exhibit Number	Description
99.1	Press Release dated November 23, 2026

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

ARM HOLDINGS PLC

Date: November 23, 2026

By: /s/ Laura Bartels

Name: Laura Bartels

Title: Chief Accounting Officer
(Principal Accounting Officer)

Arm CEO Rene Haas Affirms Long-Term Commitment to Lead Company's Next Phase of Growth

CAMBRIDGE, England, Nov. 23, 2026 – Arm CEO Rene Haas today affirmed his long-term commitment to leading the company through its next phase of growth, supported by a new agreement extending through 2033. Haas will also assume the role of Vice Chairman of SoftBank Group, effective December 1, 2026.

Under Haas' leadership, Arm has expanded its role in the global computing ecosystem, positioning the company at the center of the AI transformation. As AI drives unprecedented demand for computing, Arm has an extraordinary opportunity to extend its leadership and become an even more integral part of the world's computing infrastructure, creating long-term value for shareholders.

"I've never been more confident about Arm's future," said Rene Haas, CEO, Arm. "I believe deeply in our people, our strategy and the opportunity ahead. I'm incredibly proud of what we're building and wholly committed to realizing Arm's full potential for many years to come."

About Arm
Arm is the foundational platform for AI, delivering power-efficient, high-performance computing that touches 100 percent of the connected global population. To meet the insatiable demand for compute, Arm's platform spans core IP, advanced compute subsystems and purpose-built silicon, giving the world's leading technology companies the flexibility to design, build and deploy AI at scale. Arm has the world's largest computing ecosystem, including over 30 million developers, and together we are building the future of AI on Arm.

All information is provided "as is" and without warranty or representation. This document may be shared freely, attributed and unmodified. Arm is a registered trademark of Arm Limited (or its subsidiaries or affiliates). All brands or product names are the property of their respective holders. © 1995-2026 Arm Limited.

Media Contacts
Kristen Ray
Head of Corporate and Executive Communications, Arm
Kristen.Ray@arm.com
+1 512 939 9877R